

**21. Deutsche 100km-Straßenlaufmeisterschaften**  
 Kienbaum, am 24.03.2007

**ERGEBNISLISTE**
**100km Hauptklasse M (100km)**

Datum: 24.03.2007 Beginn: 06:00

**Männer**

| Rg. | StNr. | Name, Vorname         | Jg.  | Nat. | Verein                           | Zeit     | Diff      |
|-----|-------|-----------------------|------|------|----------------------------------|----------|-----------|
| 1.  | 140   | Sommer, Michael       | 1964 | WÜ   | Eichenkreuz Schwaikheim          | 6:56:15  |           |
| 2.  | 112   | Hooß, Jörg            | 1964 | SL   | LTF Marpingen                    | 6:59:03  | + 2:48    |
| 3.  | 83    | Grundner, Christian   | 1968 | NO   | SG Neukirchen-Hülchrath          | 7:27:07  | + 30:52   |
| 4.  | 40    | Miksch, Thomas        | 1962 | BY   | TV JAHN Kempten                  | 7:28:05  | + 31:50   |
| 5.  | 26    | Koch, Rainer          | 1980 | BY   | Laufgemeinschaft Würzburg        | 7:41:45  | + 45:30   |
| 6.  | 37    | Dippacher, Matthias   | 1977 | BY   | TV JAHN Kempten                  | 7:43:37  | + 47:22   |
| 7.  | 19    | Vanicek, Michael      | 1968 | BE   | LG Nord Berlin                   | 7:44:43  | + 48:28   |
| 8.  | 86    | Juckel, Dr. Bernd     | 1950 | NO   | SG Neukirchen-Hülchrath          | 7:47:32  | + 51:17   |
| 9.  | 114   | Strosny, René         | 1973 | SN   | Bautzener LV "Rot-Weiss 90"      | 7:52:25  | + 56:10   |
| 10. | 144   | Steißlinger, Ralf     | 1965 | WÜ   | TSV Kusterdingen                 | 7:53:10  | + 56:55   |
| 11. | 54    | Kraft, Sebastian      | 1979 | HE   | SSC Hanau-Rodenbach              | 7:55:26  | + 59:11   |
| 12. | 5     | Karbe, Christian      | 1975 | BB   | ESV Lok Potsdam                  | 7:59:21  | + 1:03:06 |
| 13. | 47    | Stephan, Frank        | 1968 | HE   | LG Offenbach                     | 8:02:14  | + 1:05:59 |
| 14. | 89    | Weigelt, Dr. Stefan   | 1958 | NO   | SG Neukirchen-Hülchrath          | 8:02:22  | + 1:06:07 |
| 15. | 90    | Weis, Ralf            | 1959 | NO   | SG Neukirchen-Hülchrath          | 8:07:47  | + 1:11:32 |
| 16. | 71    | Grande, Thomas        | 1964 | NO   | Alfterer SC                      | 8:08:35  | + 1:12:20 |
| 17. | 137   | Härle, Armin          | 1957 | WÜ   | Eichenkreuz Schwaikheim          | 8:09:40  | + 1:13:25 |
| 18. | 11    | Bublak, Raimund       | 1970 | BB   | WG 1981 Königs Wusterhausen      | 8:09:43  | + 1:13:28 |
| 19. | 81    | Braun, Wolfgang       | 1954 | NO   | LG Mützenich                     | 8:11:49  | + 1:15:34 |
| 20. | 138   | Höschele, Jochen      | 1968 | WÜ   | Eichenkreuz Schwaikheim          | 8:23:03  | + 1:26:48 |
| 21. | 123   | Mirz, Thomas          | 1963 | WE   | Marathon-Club Menden             | 8:24:45  | + 1:28:30 |
| 22. | 44    | Schinabeck, Dr. Josef | 1952 | BY   | TV Münchberg v. 1862             | 8:28:20  | + 1:32:05 |
| 23. | 51    | Dudacy, Gerald        | 1955 | HE   | SSC Hanau-Rodenbach              | 8:32:06  | + 1:35:51 |
| 24. | 80    | Irrgang, Michael      | 1964 | NO   | LG Bonn/ Troisdorf/ Niederkassel | 8:35:54  | + 1:39:39 |
| 25. | 17    | Rymarcewicz, Axel     | 1969 | BE   | LG Nord Berlin                   | 8:38:40  | + 1:42:25 |
| 26. | 1     | Göbel, Dr. Dietmar    | 1965 | BA   | LG Baar                          | 8:40:28  | + 1:44:13 |
| 27. | 111   | Helferich, Gernot     | 1969 | SL   | LTF Marpingen                    | 8:40:28  | + 1:44:13 |
| 28. | 85    | Helfenstein, Willy    | 1958 | NO   | SG Neukirchen-Hülchrath          | 8:43:15  | + 1:47:00 |
| 29. | 24    | Zach, Ullrich         | 1956 | BY   | DVV Coburg                       | 8:45:11  | + 1:48:56 |
| 30. | 8     | Hopp, Michael         | 1960 | BB   | ESV Lok Seddin                   | 8:51:36  | + 1:55:21 |
| 31. | 93    | Gumbrecht, Alwin      | 1956 | PF   | TV Rheinzabern                   | 9:04:38  | + 2:08:23 |
| 32. | 12    | Trebuth, Ralf         | 1965 | BE   | LAC Berlin                       | 9:08:00  | + 2:11:45 |
| 33. | 36    | Blumrich, Gerald      | 1957 | BY   | TV JAHN Kempten                  | 9:12:19  | + 2:16:04 |
| 34. | 106   | Dietz, Martin         | 1960 | SL   | LTF Köllertal                    | 9:20:21  | + 2:24:06 |
| 35. | 6     | Keinz, Felix          | 1960 | BB   | ESV Lok Potsdam                  | 9:23:42  | + 2:27:27 |
| 36. | 126   | Götz, Manfred         | 1950 | WE   | Non-Stop-Ultra                   | 9:27:36  | + 2:31:21 |
| 37. | 34    | Ullrich, Reinhard     | 1957 | BY   | TV 1884 Bad Brückenau            | 9:31:25  | + 2:35:10 |
| 38. | 105   | Blum, Ernst-Josef     | 1960 | SL   | LTF Köllertal                    | 9:36:49  | + 2:40:34 |
| 39. | 42    | Burger, Frank         | 1962 | BY   | TV Münchberg v. 1862             | 9:38:35  | + 2:42:20 |
| 40. | 119   | Fischer, Thomas       | 1968 | WE   | LG Ahlen                         | 9:41:24  | + 2:45:09 |
| 41. | 32    | Binz, Oliver          | 1969 | BY   | LG Landkreis Aschaffenburg       | 9:50:12  | + 2:53:57 |
| 42. | 33    | Zang, Martin          | 1970 | BY   | LG Landkreis Aschaffenburg       | 9:50:12  | + 2:53:57 |
| 43. | 23    | Eberhardt, Thomas     | 1962 | BR   | OT Bremen                        | 9:51:57  | + 2:55:42 |
| 44. | 30    | Wegmann, Udo          | 1958 | BY   | Laufgemeinschaft Würzburg        | 10:05:31 | + 3:09:16 |
| 45. | 52    | Häusler, Franz        | 1954 | HE   | SSC Hanau-Rodenbach              | 10:13:43 | + 3:17:28 |
| 46. | 96    | Gotto, Robert         | 1957 | RL   | La TuS Mayen                     | 10:15:19 | + 3:19:04 |
| 47. | 131   | Beversdorff, Helmut   | 1952 | WE   | SGFA Herringhausen-Eickum        | 10:17:00 | + 3:20:45 |
| 48. | 122   | Kuschel, Thomas       | 1970 | WE   | Marathon-Club Menden             | 10:17:52 | + 3:21:37 |
| 49. | 79    | Becker, Mattin        | 1960 | NO   | LG Bonn/ Troisdorf/ Niederkassel | 10:19:25 | + 3:23:10 |
| 50. | 76    | Ludwig, Manfred       | 1940 | NO   | DJK Kleinenbroich                | 10:20:51 | + 3:24:36 |
| 51. | 56    | Berka, Frank          | 1970 | HH   | 100 Marathon Club                | 10:22:10 | + 3:25:55 |
| 52. | 101   | Themm, Thorsten       | 1972 | SH   | ALG - VfL Bokel                  | 10:23:07 | + 3:26:52 |
| 53. | 69    | Eilers, Michael       | 1968 | NI   | TSV Rethen                       | 10:25:54 | + 3:29:39 |
| 54. | 104   | Schippels, Alfred     | 1935 | SH   | TuS Holtenau Kiel                | 10:27:27 | + 3:31:12 |
| 55. | 10    | Brumlich, Hagen       | 1944 | BB   | WG 1981 Königs Wusterhausen      | 10:30:32 | + 3:34:17 |
| 56. | 129   | Mönnikes, Hans-Dieter | 1959 | WE   | Non-Stop-Ultra                   | 10:36:52 | + 3:40:37 |
| 57. | 107   | Mootz, Werner         | 1942 | SL   | LTF Köllertal                    | 11:05:52 | + 4:09:37 |

|     |     |                     |      |    |                            |          |           |
|-----|-----|---------------------|------|----|----------------------------|----------|-----------|
| 58. | 27  | Krauß, Harald       | 1980 | BY | Laufgemeinschaft Würzburg  | 11:11:41 | + 4:15:26 |
| 59. | 84  | Hahn, Helmut        | 1962 | NO | SG Neukirchen-Hülchrath    | 11:12:06 | + 4:15:51 |
| 60. | 136 | Bracht, Gerhard     | 1950 | WÜ | Eichenkreuz Schwaikheim    | 11:18:29 | + 4:22:14 |
| 61. | 108 | Feiler, Franz       | 1938 | SL | LTF Marpingen              | 11:19:23 | + 4:23:08 |
| 62. | 145 | Richter, Holger     | 1955 | BE | Pro Sport Berlin 24        | 11:29:30 | + 4:33:15 |
| 63. | 31  | Albert, Gerhard     | 1949 | BY | LG Landkreis Aschaffenburg | 11:36:21 | + 4:40:06 |
| 64. | 91  | Reuter, Hans-Jürgen | 1942 | NO | Solinger LC                | 11:38:31 | + 4:42:16 |
| 65. | 21  | Lübke, Wilfried     | 1952 | BE | SCC Berlin                 | 12:04:43 | + 5:08:28 |
| 66. | 59  | Meyer, Hans-Joachim | 1939 | HH | 100 Marathon Club          | 12:07:42 | + 5:11:27 |
| 67. | 60  | Schwarz, Konrad     | 1956 | HH | 100 Marathon Club          | 12:12:51 | + 5:16:36 |

**Männer M70**

| Rg. | StNr. | Name, Vorname     | Jg.  | Nat. | Verein            | Zeit     | Diff |
|-----|-------|-------------------|------|------|-------------------|----------|------|
| 1.  | 104   | Schippels, Alfred | 1935 | SH   | TuS Holtenau Kiel | 10:27:27 |      |

**Männer M65**

| Rg. | StNr. | Name, Vorname       | Jg.  | Nat. | Verein            | Zeit     | Diff      |
|-----|-------|---------------------|------|------|-------------------|----------|-----------|
| 1.  | 76    | Ludwig, Manfred     | 1940 | NO   | DJK Kleinenbroich | 10:20:51 |           |
| 2.  | 107   | Mootz, Werner       | 1942 | SL   | LTF Köllertal     | 11:05:52 | + 45:01   |
| 3.  | 108   | Feiler, Franz       | 1938 | SL   | LTF Marpingen     | 11:19:23 | + 58:32   |
| 4.  | 91    | Reuter, Hans-Jürgen | 1942 | NO   | Solinger LC       | 11:38:31 | + 1:17:40 |
| 5.  | 59    | Meyer, Hans-Joachim | 1939 | HH   | 100 Marathon Club | 12:07:42 | + 1:46:51 |

**Männer M60**

| Rg. | StNr. | Name, Vorname   | Jg.  | Nat. | Verein                      | Zeit     | Diff |
|-----|-------|-----------------|------|------|-----------------------------|----------|------|
| 1.  | 10    | Brumlich, Hagen | 1944 | BB   | WG 1981 Königs Wusterhausen | 10:30:32 |      |

**Männer M55**

| Rg. | StNr. | Name, Vorname         | Jg.  | Nat. | Verein                     | Zeit     | Diff      |
|-----|-------|-----------------------|------|------|----------------------------|----------|-----------|
| 1.  | 86    | Juckel, Dr. Bernd     | 1950 | NO   | SG Neukirchen-Hülchrath    | 7:47:32  |           |
| 2.  | 44    | Schinabeck, Dr. Josef | 1952 | BY   | TV Münchberg v. 1862       | 8:28:20  | + 40:48   |
| 3.  | 126   | Götz, Manfred         | 1950 | WE   | Non-Stop-Ultra             | 9:27:36  | + 1:40:04 |
| 4.  | 131   | Beversdorff, Helmut   | 1952 | WE   | SGFA Herringhausen-Eickum  | 10:17:00 | + 2:29:28 |
| 5.  | 136   | Bracht, Gerhard       | 1950 | WÜ   | Eichenkreuz Schwaikheim    | 11:18:29 | + 3:30:57 |
| 6.  | 31    | Albert, Gerhard       | 1949 | BY   | LG Landkreis Aschaffenburg | 11:36:21 | + 3:48:49 |
| 7.  | 21    | Lübke, Wilfried       | 1952 | BE   | SCC Berlin                 | 12:04:43 | + 4:17:11 |

**Männer M50**

| Rg. | StNr. | Name, Vorname     | Jg.  | Nat. | Verein                  | Zeit     | Diff      |
|-----|-------|-------------------|------|------|-------------------------|----------|-----------|
| 1.  | 137   | Härle, Armin      | 1957 | WÜ   | Eichenkreuz Schwaikheim | 8:09:40  |           |
| 2.  | 81    | Braun, Wolfgang   | 1954 | NO   | LG Mützenich            | 8:11:49  | + 2:09    |
| 3.  | 51    | Dudacy, Gerald    | 1955 | HE   | SSC Hanau-Rodenbach     | 8:32:06  | + 22:26   |
| 4.  | 24    | Zach, Ullrich     | 1956 | BY   | DVV Coburg              | 8:45:11  | + 35:31   |
| 5.  | 93    | Gumbrecht, Alwin  | 1956 | PF   | TV Rheinzabern          | 9:04:38  | + 54:58   |
| 6.  | 36    | Blumrich, Gerald  | 1957 | BY   | TV JAHN Kempten         | 9:12:19  | + 1:02:39 |
| 7.  | 34    | Ullrich, Reinhard | 1957 | BY   | TV 1884 Bad Brückenau   | 9:31:25  | + 1:21:45 |
| 8.  | 52    | Häusler, Franz    | 1954 | HE   | SSC Hanau-Rodenbach     | 10:13:43 | + 2:04:03 |
| 9.  | 96    | Gotto, Robert     | 1957 | RL   | La TuS Mayen            | 10:15:19 | + 2:05:39 |
| 10. | 145   | Richter, Holger   | 1955 | BE   | Pro Sport Berlin 24     | 11:29:30 | + 3:19:50 |
| 11. | 60    | Schwarz, Konrad   | 1956 | HH   | 100 Marathon Club       | 12:12:51 | + 4:03:11 |

**Männer M45**

| Rg. | StNr. | Name, Vorname       | Jg.  | Nat. | Verein                  | Zeit    | Diff      |
|-----|-------|---------------------|------|------|-------------------------|---------|-----------|
| 1.  | 40    | Miksch, Thomas      | 1962 | BY   | TV JAHN Kempten         | 7:28:05 |           |
| 2.  | 89    | Weigelt, Dr. Stefan | 1958 | NO   | SG Neukirchen-Hülchrath | 8:02:22 | + 34:17   |
| 3.  | 90    | Weis, Ralf          | 1959 | NO   | SG Neukirchen-Hülchrath | 8:07:47 | + 39:42   |
| 4.  | 85    | Helfenstein, Willy  | 1958 | NO   | SG Neukirchen-Hülchrath | 8:43:15 | + 1:15:10 |

|     |     |                       |      |    |                                  |          |           |
|-----|-----|-----------------------|------|----|----------------------------------|----------|-----------|
| 5.  | 8   | Hopp, Michael         | 1960 | BB | ESV Lok Seddin                   | 8:51:36  | + 1:23:31 |
| 6.  | 106 | Dietz, Martin         | 1960 | SL | LTF Köllertal                    | 9:20:21  | + 1:52:16 |
| 7.  | 6   | Keinz, Felix          | 1960 | BB | ESV Lok Potsdam                  | 9:23:42  | + 1:55:37 |
| 8.  | 105 | Blum, Ernst-Josef     | 1960 | SL | LTF Köllertal                    | 9:36:49  | + 2:08:44 |
| 9.  | 42  | Burger, Frank         | 1962 | BY | TV Münchberg v. 1862             | 9:38:35  | + 2:10:30 |
| 10. | 23  | Eberhardt, Thomas     | 1962 | BR | OT Bremen                        | 9:51:57  | + 2:23:52 |
| 11. | 30  | Wegmann, Udo          | 1958 | BY | Laufgemeinschaft Würzburg        | 10:05:31 | + 2:37:26 |
| 12. | 79  | Becker, Mattin        | 1960 | NO | LG Bonn/ Troisdorf/ Niederkassel | 10:19:25 | + 2:51:20 |
| 13. | 129 | Mönnikes, Hans-Dieter | 1959 | WE | Non-Stop-Ultra                   | 10:36:52 | + 3:08:47 |
| 14. | 84  | Hahn, Helmut          | 1962 | NO | SG Neukirchen-Hülchrath          | 11:12:06 | + 3:44:01 |

**Männer M40**

| Rg. | StNr. | Name, Vorname      | Jg.  | Nat. | Verein                           | Zeit    | Diff      |
|-----|-------|--------------------|------|------|----------------------------------|---------|-----------|
| 1.  | 140   | Sommer, Michael    | 1964 | WÜ   | Eichenkreuz Schwaikheim          | 6:56:15 |           |
| 2.  | 112   | Hooß, Jörg         | 1964 | SL   | LTF Marpingen                    | 6:59:03 | + 2:48    |
| 3.  | 144   | Steißlinger, Ralf  | 1965 | WÜ   | TSV Kusterdingen                 | 7:53:10 | + 56:55   |
| 4.  | 71    | Grande, Thomas     | 1964 | NO   | Alfterer SC                      | 8:08:35 | + 1:12:20 |
| 5.  | 123   | Mirz, Thomas       | 1963 | WE   | Marathon-Club Menden             | 8:24:45 | + 1:28:30 |
| 6.  | 80    | Irrgang, Michael   | 1964 | NO   | LG Bonn/ Troisdorf/ Niederkassel | 8:35:54 | + 1:39:39 |
| 7.  | 1     | Göbel, Dr. Dietmar | 1965 | BA   | LG Baar                          | 8:40:28 | + 1:44:13 |
| 8.  | 12    | Trebuth, Ralf      | 1965 | BE   | LAC Berlin                       | 9:08:00 | + 2:11:45 |

**100km Mannschaftswertung (100km)**

Datum: 24.03.2007 Beginn: 06:00

**Männer**

| Rg. | Verein   | Team | Zeit     | Diff      |
|-----|--|------|----------|-----------|
| 1   | SG Neukirchen-Hülchrath  | 1    | 23:17:01 |           |
|     | Grundner, Christian (1968) 7:27:07 - Juckel, Dr. Bernd (1950) 7:47:32 - Weigelt, Dr. Stefan (1958) 8:02:22 |      |          |           |
| 2   | Eichenkreuz Schwaikheim  | 1    | 23:28:58 | + 11:57   |
|     | Sommer, Michael (1964) 6:56:15 - Härle, Armin (1957) 8:09:40 - Höschele, Jochen (1968) 8:23:03             |      |          |           |
| 3   | TV JAHN Kempten  | 1    | 24:24:01 | + 1:07:00 |
|     | Miksch, Thomas (1962) 7:28:05 - Dippacher, Matthias (1977) 7:43:37 - Blumrich, Gerald (1957) 9:12:19       |      |          |           |
| 4   | SSC Hanau-Rodenbach  | 1    | 26:41:15 | + 3:24:14 |
|     | Kraft, Sebastian (1979) 7:55:26 - Dudacy, Gerald (1955) 8:32:06 - Häusler, Franz (1954) 10:13:43           |      |          |           |
| 5   | LTF Marpingen  | 1    | 26:58:54 | + 3:41:53 |
|     | Hooß, Jörg (1964) 6:59:03 - Helferich, Gernot (1969) 8:40:28 - Feiler, Franz (1938) 11:19:23               |      |          |           |
| 6   | SG Neukirchen-Hülchrath  | 2    | 28:03:08 | + 4:46:07 |
|     | Weis, Ralf (1959) 8:07:47 - Helfenstein, Willy (1958) 8:43:15 - Hahn, Helmut (1962) 11:12:06               |      |          |           |
| 7   | Laufgemeinschaft Würzburg  | 1    | 28:58:57 | + 5:41:56 |
|     | Koch, Rainer (1980) 7:41:45 - Wegmann, Udo (1958) 10:05:31 - Krauß, Harald (1980) 11:11:41                 |      |          |           |
| 8   | LTF Köllertal  | 1    | 30:03:02 | + 6:46:01 |
|     | Dietz, Martin (1960) 9:20:21 - Blum, Ernst-Josef (1960) 9:36:49 - Mootz, Werner (1942) 11:05:52            |      |          |           |
| 9   | LG Landkreis Aschaffenburg   | 1    | 31:16:45 | + 7:59:44 |
|     | Binz, Oliver (1969) 9:50:12 - Zang, Martin (1970) 9:50:12 - Albert, Gerhard (1949) 11:36:21                |      |          |           |
| 10  | 100 Marathon Club  | 1    | 34:42:43 | +         |
|     | Berka, Frank (1970) 10:22:10 - Meyer, Hans-Joachim (1939) 12:07:42 - Schwarz, Konrad (1956) 12:12:51       |      |          |           |

**Männer M45**

| Rg. | Verein   | Team | Zeit     | Diff |
|-----|--|------|----------|------|
| 1   | SG Neukirchen-Hülchrath  | 1    | 24:53:24 |      |
|     | Weigelt, Dr. Stefan (1958) 8:02:22 - Weis, Ralf (1959) 8:07:47 - Helfenstein, Willy (1958) 8:43:15 |      |          |      |

**100km Hauptklasse F (100km)**

Datum: 24.03.2007 Beginn: 06:00

**Frauen**

| Rg. | StNr. | Name, Vorname              | Jg.  | Nat. | Verein                   | Zeit     | Diff      |
|-----|-------|----------------------------|------|------|--------------------------|----------|-----------|
| 1.  | 130   | Schönherr-Hölscher, Birgit | 1968 | WE   | PV- Triathlon Witten     | 7:52:11  |           |
| 2.  | 92    | Braun, Marion              | 1957 | NO   | SV Germania Eicherscheid | 8:26:13  | + 34:02   |
| 3.  | 61    | Belau, Monika              | 1954 | HH   | Harburger SC             | 8:45:07  | + 52:56   |
| 4.  | 53    | Hildebrand, Carmen         | 1969 | HE   | SSC Hanau-Rodenbach      | 8:49:13  | + 57:02   |
| 5.  | 41    | Schuhaj, Antje             | 1968 | BY   | TV JAHN Kempten          | 8:53:52  | + 1:01:41 |
| 6.  | 82    | Schlegel, Ilona            | 1966 | NO   | Melpomene Bonn           | 8:58:20  | + 1:06:09 |
| 7.  | 141   | Streicher, Elke            | 1967 | WÜ   | Eichenkreuz Schwaikheim  | 9:15:17  | + 1:23:06 |
| 8.  | 118   | Pfeffer, Dorothea          | 1961 | WE   | Lauffreunde Bönen 1985   | 9:24:09  | + 1:31:58 |
| 9.  | 7     | Wollenberg, Ute            | 1966 | BB   | ESV Lok Potsdam          | 9:31:29  | + 1:39:18 |
| 10. | 20    | Gluth, Gisela              | 1956 | BE   | SCC Berlin               | 9:54:53  | + 2:02:42 |
| 11. | 18    | Stutzke, Silke             | 1968 | BE   | LG Nord Berlin           | 10:04:07 | + 2:11:56 |
| 12. | 100   | Strotkamp, Sabine          | 1965 | RL   | LG Kreis Ahrweiler       | 10:19:25 | + 2:27:14 |
| 13. | 55    | Ngamkam, Angela            | 1966 | HE   | TuS Griesheim            | 10:24:36 | + 2:32:25 |
| 14. | 109   | Gries, Anja                | 1969 | SL   | LTF Marpingen            | 11:01:00 | + 3:08:49 |
| 15. | 87    | Krapp, Bärbel              | 1959 | NO   | SG Neukirchen-Hülchrath  | 11:13:06 | + 3:20:55 |
| 16. | 98    | Reiter-Nohn, Petra         | 1961 | RL   | LG Kreis Ahrweiler       | 11:23:26 | + 3:31:15 |
| 17. | 72    | Kraemer, Elisabeth         | 1960 | NO   | Alfterer SC              | 11:31:14 | + 3:39:03 |
| 18. | 15    | Pawzik, Heike              | 1963 | BE   | LG Nord Berlin           | 11:57:12 | + 4:05:01 |
| 19. | 103   | Kocemba, Rosemarie von     | 1944 | SH   | TuS Holtenau Kiel        | 12:14:55 | + 4:22:44 |

### Frauen W60

| Rg. | StNr. | Name, Vorname          | Jg.  | Nat. | Verein            | Zeit     | Diff |
|-----|-------|------------------------|------|------|-------------------|----------|------|
| 19. | 103   | Kocemba, Rosemarie von | 1944 | SH   | TuS Holtenau Kiel | 12:14:55 |      |

### Frauen W50

| Rg. | StNr. | Name, Vorname | Jg.  | Nat. | Verein                   | Zeit    | Diff      |
|-----|-------|---------------|------|------|--------------------------|---------|-----------|
| 1.  | 92    | Braun, Marion | 1957 | NO   | SV Germania Eicherscheid | 8:26:13 |           |
| 2.  | 61    | Belau, Monika | 1954 | HH   | Harburger SC             | 8:45:07 | + 18:54   |
| 3.  | 20    | Gluth, Gisela | 1956 | BE   | SCC Berlin               | 9:54:53 | + 1:28:40 |

### Frauen W45

| Rg. | StNr. | Name, Vorname      | Jg.  | Nat. | Verein                  | Zeit     | Diff      |
|-----|-------|--------------------|------|------|-------------------------|----------|-----------|
| 1.  | 118   | Pfeffer, Dorothea  | 1961 | WE   | Lauffreunde Bönen 1985  | 9:24:09  |           |
| 2.  | 87    | Krapp, Bärbel      | 1959 | NO   | SG Neukirchen-Hülchrath | 11:13:06 | + 1:48:57 |
| 3.  | 98    | Reiter-Nohn, Petra | 1961 | RL   | LG Kreis Ahrweiler      | 11:23:26 | + 1:59:17 |
| 4.  | 72    | Kraemer, Elisabeth | 1960 | NO   | Alfterer SC             | 11:31:14 | + 2:07:05 |

### Frauen W40

| Rg. | StNr. | Name, Vorname     | Jg.  | Nat. | Verein                  | Zeit     | Diff      |
|-----|-------|-------------------|------|------|-------------------------|----------|-----------|
| 1.  | 82    | Schlegel, Ilona   | 1966 | NO   | Melpomene Bonn          | 8:58:20  |           |
| 2.  | 141   | Streicher, Elke   | 1967 | WÜ   | Eichenkreuz Schwaikheim | 9:15:17  | + 16:57   |
| 3.  | 7     | Wollenberg, Ute   | 1966 | BB   | ESV Lok Potsdam         | 9:31:29  | + 33:09   |
| 4.  | 100   | Strotkamp, Sabine | 1965 | RL   | LG Kreis Ahrweiler      | 10:19:25 | + 1:21:05 |
| 5.  | 55    | Ngamkam, Angela   | 1966 | HE   | TuS Griesheim           | 10:24:36 | + 1:26:16 |
| 6.  | 15    | Pawzik, Heike     | 1963 | BE   | LG Nord Berlin          | 11:57:12 | + 2:58:52 |

### Frauen W35

| Rg. | StNr. | Name, Vorname              | Jg.  | Nat. | Verein               | Zeit     | Diff      |
|-----|-------|----------------------------|------|------|----------------------|----------|-----------|
| 1.  | 130   | Schönherr-Hölscher, Birgit | 1968 | WE   | PV- Triathlon Witten | 7:52:11  |           |
| 2.  | 53    | Hildebrand, Carmen         | 1969 | HE   | SSC Hanau-Rodenbach  | 8:49:13  | + 57:02   |
| 3.  | 41    | Schuhaj, Antje             | 1968 | BY   | TV JAHN Kempten      | 8:53:52  | + 1:01:41 |
| 4.  | 18    | Stutzke, Silke             | 1968 | BE   | LG Nord Berlin       | 10:04:07 | + 2:11:56 |
| 5.  | 109   | Gries, Anja                | 1969 | SL   | LTF Marpingen        | 11:01:00 | + 3:08:49 |