

## UW - Sahishnu Szczesiul thanks a small army

The close of the 1300-Mile Ultra Trio in New York

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**New York, N.Y. (UW)** - The challenge of a multi-day race is so great that it all but swallows everyone involved - runners, organizers and volunteers alike.

No one knows this better than the members of the Sri Chinmoy Marathon Team, who make so many multi-day races happen in New York.



Following is an excerpt from remarks made on Sunday by Sahishnu Szczesiul, one of the main SCMT organizers, at the close of the 2003 Ultra Trio (1300 miles, 1000 miles and 70 miles) in New York.

He mentions some of the many volunteers whose names are rarely heard but whose dedication of service to the ultra community is critical to each and every multi-day race. Without them, these great events would not be possible.

### Sahishnu Szczesiul 16th annual Self-Transcendence Ultra Trio Multi-day Races New York, N.Y. - 8-28 September 2003

This race just ended has been wonderful to watch. I am saying this not only as a fan of the sport, which I admittedly am, but also as a lover of oneness, which I confess to be as well, having seen the harmony displayed this year among runners, helpers and their adoring friends and admirers.

To run these prodigious distances in a compressed timeframe is not easy, indeed! To endure the elements, the fatigue, the monotonous repetitions of the loop, and not go crazy is indeed a wonderful triumph. To run the distances with speed, determination, and grace is, to me, the triumph, not only of the human spirit, but of the divine will within us all.

Therefore, our hearts and hopefully our minds can recognize and appreciate what the runners, and also what the handlers - together have done - fashion a tiny world of hope and oneness on the long road of life's journey.

I must thank all the helpers who have made the great food to help keep everyone going, led by Sushovita with assistance from Anna, Linda, the boys who cooked a few meals during the week, the runners helpers, the medical staff, led by Bahula, including Pradhan, Aklanta, Vajra, Arpan, Mahalaksmi, Tejaswi, Srotaswini; the guards, headed by Kanan and Pulak; the photographers, headed by Pulak and Salil; the t-shirts, printed by Sanyogita, the village builders, headed by Bipin Rupantar, Payoddhi, Nick, James, Goran and many others (Remember, this village withstood winds of 45 mph and didn't blow away), the race directors, headed by Rupantar, Bipin, Sandhani, Sahishnu, and assisted by Sundar, Utpal, Sanatan, and of course, the Supreme Director and Founder of SCMT, Sri Chinmoy - who have given boundless inspiration to runners everywhere to "Never Give Up" - in the 18 years of multi-day races since 1985.

#### More information:

- 2003 1300-Mile Race results [2003 1300-Mile Race results](#)