

September 20 2003

Dipali nearing halfway

After five days of running Dipali Cunningham is just 4 miles away from half-way through the 700 mile race. Averaging a whopping 69.2 miles a day she is having a great race.

Enjoy the photo galleries from [Sept 17](#) and [Sept 16](#)



****NEW****

[Photo Album from Sept 17](#)
[Photo Album from Sept 16](#)

Photo: Dipali almost half-way there.

September 21 2003

Fierce competition in the Men's 1,300 miler

After twelve days of running and over 850 miles covered only 13 miles separate these two competitors. This is indeed a very close race and we are watching with anticipation as we move into the business end of the event.

Enjoy the photo galleries from [Sept 17](#) and [Sept 16](#)



****NEW****

[Photo Album from Sept 17](#)
[Photo Album from Sept 16](#)

Photo: Tina Bercic from Slovenia 2nd place woman in the 1000 mile race.

September 23, 2003

Some exciting events....

Lenka Svecova completed 800 miles after 14 days and about 5 hours, which we were lucky enough to catch on video of questionable quality. Please enjoy [Lenka completes 800](#). The other big event was Tsvetan Tsekov's birthday, enthusiastically celebrated by all the runners and helpers in the Ultra-Trio Village.

****NEW VIDEO****

[Lenka completes 800](#)

[Photo Album from Sept 17](#)
[Photo Album from Sept 16](#)



Photo: 800 miles and two great friends, Lenka and Ahana show life is good.

September 24 2003

Ultra-Trio's first finisher!

[Dipali Cunningham](#) of Australia finished the women's 700 mile race in a staggering time of 10 days, 3 hours, 49 minutes and 11 seconds. Dipali is the first finisher of any race in this year's Ultra-Trio with [Christopher Muellauer](#) of the men's 700 set to be the next finisher.

[::NEW PHOTO GALLERY::](#)
[Dipali Finishes](#)

[Photo Album from Sept 17](#)
[Photo Album from Sept 16](#)

Photo: Dipali in between her two full-time helpers Jana on the left and Marishka on the right.



September 25, 2003

They're all starting to finish

[Paula Mairer](#) finished the women's 1000 mile race in a fantastic time of 14 days, 12 hours, 15 minutes and 9 seconds. Not far behind her is [Christopher Muellauer](#) in the men's 700 mile race. Stay tuned for the breaking news here at Ultra-Trio current standings.

Finishers:

[Paula Mairer](#) Women's 1000 - 14 days,
12:15:09

[Dipali Cunningham](#) Women's 700 - 10 days,
3:49:11

[::NEW PHOTO GALLERIES::](#)
[Paula Finishes](#)
[Dipali Finishes](#)

[Photo Album from Sept 17](#)
[Photo Album from Sept 16](#)

Photo: Paula Mairer between her two helpers celebrating finishing 1000 miles.



September 26, 2003

Ultra Trio Nearly complete

[Christopher Muellauer](#) was the first male finisher in this year's Ultra-Trio. He won the men's 700 mile race. Congratulations The Ultra-Trio finishes on Saturday September 27 at 12:00 noon EST. Tina, Kaneenika and Christopher Rana are all on target to finish their respective races in the allotted time.

Finishers:

[Paula Mairer](#) Women's 1000 - 14 days,
12:15:09

[Dipali Cunningham](#) Women's 700 - 10 days,
3:49:11

[Christopher Muellauer](#) Men's 700 - 10 days,
17:13:31

::NEW PHOTO GALLERIES::

[Paula Finishes](#)
[Dipali Finishes](#)

[Photo Album from Sept 17](#)
[Photo Album from Sept 16](#)

Photo: Christopher Muellauer on his way to winning the men's 700 mile race.



September 28, 2003

The Ultra-Trio is finished

The Ultra-Trio finished today at 12.00 noon. Each one of these heroic participants has a wonderful story to tell and we hope that the photo galleries help in some way to capture their story. Thank you for following the race on this website and for sending messages of encouragement.

Photo Galleries:

[Final day](#)
[Awards ceremony](#)

Video:

[Ultra-Trio Compilation](#)
[Lenka completes 800](#)

Finishers:

[Paula Mairer](#) Women's 1000 - 14 days, 12:15:09

[Kaneenika Janakova](#) Women's 1000 - 15 days, 19:53:07

[Tina Bercic](#) Women's 1000 - 15 days, 21:03:56

[Dipali Cunningham](#) Women's 700 - 10 days, 3:49:11

[Christopher Muellauer](#) Men's 700 - 10 days, 17:13:31

[Christopher Rana](#) Men's 700 - 11 days, 14:13:23

::NEW PHOTO GALLERIES::

[The Final Day](#)
[Awards Ceremony](#)

[Paula Finishes](#)
[Dipali Finishes](#)
[Sept 17](#)
[Sept 16](#)



Photo: Tina and Paula enjoying the post race meal.

	15 Sept	16 Sept	17 Sept	18 Sept	19 Sept	20 Sept	21 Sept
Women's 1300	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13
Svetlana Khisamoutdinova	439	500	556	615	670	728	786
Lenka Svecova	390	451	506	560	614	669	731
Men's 1300	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
Rainer Koch	456	522	592	663	724	789	860
Ashprihanal Aalto	473	545	611	683	754	823	873
Women's 1000	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Paula Mairer	307	370	437	504	572	641	707
Tina Bercic	276	340	406	471	533	596	656
Kaneenika Janakova	279	339	388	441	500	563	628
Maria Horvath	239	301	365	429	492	542	542
Men's 1000	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
Tsvetan Tsekov	205	273	330	297	442	502	556
Don Winkley	218	372	317	390	390	390	
Pranam Horlbeck	195	248	305	364	424	475	534
Martin Milovnik	178	226	283	333	379	431	482
Chanakya Jakovic	167	211	257	308	349	393	435
Women's 700	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Dipali Cunningham	91	157	224	286	346	407	474
Beatrice Boesch	66	116	168	220	264	304	351
Men's 700	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
Christopher Muellauer	74	138	208	276	338	409	
Christopher Rana	76	145	205	265	325	385	
Luis Rios	72	126	174	206	268	317	
Tibor Malits	77	131	166	205	247	297	

	22	23	24	25	26	27
	Sept	Sept	Sept	Sept	Sept	Sept
	Day	Day	Day	Day	Day	Day
	14	15	16	17	18	19
Women's 1300						
Svetlana Khisamoutdinova	840	884	933	987	1039	1090
Lenka Svecova	785	834	875	930	987	1048
	Day	Day	Day	Day	Day	Day
	13	14	15	16	17	18
Men's 1300						
Rainer Koch	919	995	1070	1145	1168	1200
Ashprihanal Aalto	911	935	982	1025	1053	1085
	Day	Day	Day	Day	Day	Day
	11	12	13	14	15	16
Women's 1000						
Paula Mairer	770	831	894	966	1000	
Kaneenika Janakova	692	751	815	880	944	1000
Tina Bercic	716	767	827	883	941	1000
Maria Horvath	555	560	574	588	609	631
	Day	Day	Day	Day	Day	Day
	10	11	12	13	14	15
Men's 1000						
Tsvetan Tsekov	622	672	724	784	840	901
Pranam Horlbeck	589	647	706	761	819	872
Martin Milovnik	534	581	630	682	737	800
Chanakya Jakovic	470	501	542	583	622	653
Don Winkley						360 (6 days)
	Day 8	Day 9	Day	Day	Day	Day
			10	11	12	13
Women's 700						
Dipali Cunningham	542	608	683	700		
Beatrice Boesch	401	434	486	526	565	622
	Day 7	Day 8	Day 9	Day	Day	Day
				10	11	12
Men's 700						
Christopher Muellauer	479	550	617	669	700	
Christopher Rana	445	492	552	611	663	700
Luis Rios	366	405	459	504	554	608
Tibor Malits	347	388	421	457	481	507

1300 Mile Runners

Meet the runners from this year's 1300 mile race

Women - 1300 Mile Race

Lenka Svecova - 28 Brno, Czech Republic

Lenka has completed 15 ultras, including six multadays. In 2001 she reached her 1000 mile goal in 15 days 15 hours, which was a Czech women's national record. In 2000 she finished the 700 miler tied for second place in 11 days six hours. She ran 572 miles in the Ten day race in 2001. She finished fourth in 2000 in the six-day with 334 miles. Last year in the 1300 mile race she reached 863 miles before becoming ill with a viral infection. Lenka has a best of 375 miles for six days, and has run 163 miles for 48 hours, both Czech records.



Svetlana Khisamoutdinova - 58 Smolensk, Russia

Svetlana reached 1015 miles in the 1300 mile race last year in her first attempt at the distance. In 2001 Svetlana finished the 1000 mile race in 16 days 01 hours, becoming the oldest finisher of that event at that time. Svetlana has run 15 ultras in the last few years, including 382 miles for six days, as well as 872 miles in the 1000 mile race in 2000. She was a former professor of physical culture at Smolensk Institute, and was also a champion speed skater in earlier years.



Men - 1300 Mile Race

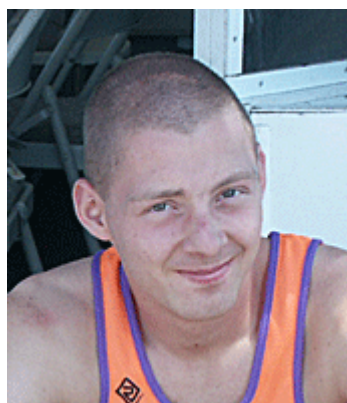
Ashprihanal Aalto - 32 Helsinki, Finland

One of the best endurance runners in the world, Ashprihanal returns to attempt the elusive 1300 miler. He is ranked second all-time for 3100 miles (46 days 13 hours), has won the 700 mile race three times with a best of 9 days five hours, and has won the 3100 race two times (2000 and 2001). Ashprihanal has emerged victorious in the Six Day Race for the last two years as well, winning each race with supreme efforts on the last day. He has also hiked the Appalachian Trail and the Pacific Crest Trail in solo fashion, covering over 37 miles per day for up to eight weeks. Ashprihanal works as a courier and delivery man back in Helsinki.



Rainer Koch - 22 Dettelbach, Germany

The youngest starter in the history of the race, Rainer is determined to do well. He has run 203 km for 24 hours, 8:20 for 100 km, and participated in the 18 day Trans Gaule stage race in France. He has 2:52 marathon speed as well.



1000 Mile Women Runners

Women - 1000 Mile Race

Paula Mairer - 44 Salzburg, Austria

Last year Paula broke two long-standing records for women, setting new world bests at 1000 km (7+16:08:37) and 700 miles (8+15:34:13). In 2001 Paula broke the women's world record for 1300 miles by completing the distance in 17 days 21 hours, nearly an hour and a half under the record. Her split for 1000 miles (13 days 17 hours) ranks second alltime. Paula won the 1000 miler for the women in 2000 in 14 days 12 hours, the only finisher of that race. In 1999 in her first attempt she finished 1000 miles in 17 days, two hours, during Hurricane Floyd. A few years earlier she finished the 700 miler on two occasions.



Tina Bercic - 30 Ljubljana, Slovenia

In 2002, Tina finished second in the 1000 miler with 847 miles. Tina completed the 700 mile race in 2000 tied for second place in 11 days six hours. That was her multiday debut. She has done 397 miles for six days and 599 for ten days, among her 12 ultramarathons.



Kaneenika Janakova - 33 Bratislava, SLK

Kaneenika ran a personal best for 700 miles last year in 10 days+19:52:05, placing third overall, and ahead of the men. She finished second in the 700 mile race in 2001, finishing in 11 days 12 hours. She has a best of 406 miles for six days, a Slovakian record. In 2000 she ran 364 miles in her first six day event. She has been running for eight years, with ten ultras and four multadays to her credit.



Maria Horvath - 38 Zalaegerszeg, Hungary

This spring Maria ran 504 miles in the Ten Day Race. She has a best of 348 miles for the six days. She has run seven ultras in nine years of running.



1000 Mile Men Runners

Men - 1000 Mile Race

Don Winkley - 65 Corpus Christi, Texas, USA

Don returns to New York in a new age group. In 1997 he set an American age group record (55-59) for 1000 miles in 14 days 10 hours. At the time this was a masters world best for the distance. 1995 he became the oldest finisher of the Moonbat Trans America Race (2925 miles) finishing tenth and completing all 64 stages. In 1994 he set an American six day age group (55-59) record of 450 miles. In the Inaugural Sri Chinmoy Ten Day Race in 1996, Don finished fifth with 600 miles. He won the race overall the following year. He has run in many countries, including stage races across France, across Europe, and across the deserts of Australia.



Tsvetan Tsekov - 22 Sofia, Bulgaria

The youngest competitor of this race, Tsvetan won the 700 miler last fall for the men in 11 days 18 hours. This spring in the Ten Day, Tsvetan finished second with 622 miles, a personal best. In a brief running career of six years, Tsvetan has run five multadays.



Pranam Horlbeck - 35 Zurich, Switzerland

Last year in the 1000, Pranam reached 780 miles. He finished sixth in the 700 mile race in 2001, completing the distance in 11 days 21 hours. He has run five multadays in seven years of running.



Chanakhya Jakovic - 49 Jamaica, New York, USA

In 2002, Chanakhya completed 642 miles for his furthest distance covered in any race. In 30 years of running, Chanakhya has run over 30 ultras, including 18 multadays. He has a best of 303 miles for six days, and in 2000 ran 623 miles during the 1000 mile race.



Martin Milovnik - 31 Bratislava, Slovakia

Martin finished second with 870 miles in the 1000 Mile Race last year, his third attempt at the distance. He ran 852 miles in the 1000 Mile Race in 2001 and 850 miles in 2000. He completed 580 miles in his multiday debut in the 10 Day Race in 2000. He has run over 15 ultras in his brief running career.



700 Mile Runners

Women - 700 Mile Race

Dipali Cunningham - 45 Melbourne, Australia

Dipali is one of the world's best women ultra-distance runners. She has won 14 of the 17 multiday events she has entered since 1992, including three overall victories. In the spring of 2001 she set a new women's world record on the road for six days with 510 miles, defeating all the men in that race. In 2001 she ran 700 miles in 9 days 11 hours, the third fastest all-time for women. She has completed the 700 mile race eight times. In 1998 she set a women's world best on the road for six-days with 504 miles, despite heavy rains at Wards Island Park. In 1999 she won the 700 mile race overall in 10 days, 21 hours. She is ranked third in the world for 700 miles, and third for 1000 miles, having dominated the women's 1000 mile race in 1997 in 13 days, 20 hours. She has won all six Six-day titles in our spring-time event. She likes shorter, faster races as well, having won the Sri Chinmoy 47 Mile Invitational 17 times for the women.



Beatrice Boesch - 50 Basel Switzerland

In 19 years of running, Beatrice has run 31 ultras and six multadays, including several 48 hour and 24 hour races. This will be her first attempt at 700 miles.



Men - 700 Mile Race

Tibor Malits - 31 Szekesfehervar, Hungary

In 2001 Tibor finished the 700 mile race in fifth place, completing the distance in 11 days, 13 hours. In 10 years of running, Tibor has completed over 33 ultras, including five 24 hour races and two 48 hour races among his ten multadays. He ran 564 miles in the ten day, good for fourth place for the men. In 2000 he ran 527 miles in the 700 mile race, his first stab beyond six days.



Luis Rios - 55 Brooklyn, NY USA

Last year Luis ran 627 miles, the furthest he has gone in a multiday race. A fixture at all shorter ultras in the New York area, Luis has had a long and prolific running journey. He has completed over 200 ultras, including a best at 24 hours-140 miles, and several fast 100 milers to his credit. He has done seven multiday events, with a best of 421 miles for six days. He ran 525 miles in the Ten day race in 2001. This spring he totaled 525 miles again in the Ten-Day event as a warm-up for this race.



Christopher Muellauer - 31 Zurich, Switzerland

Christopher M. also debuted this spring at multiday running, reaching 328 miles in his first attempt at six days on the road.

Christopher Rana - 26 Hamburg, Germany
This spring Christopher ran 334 miles in the Six Day event, his first multiday attempt. He has been running for four years.

